



# **Recipe for a Successful Edible Garden**

## *Spring Crops*

March is the time to begin planting spring/cool season crops in the vegetable garden.

Sow seeds for carrots, radishes, peas and any of the greens like lettuce, spinach, kale, chard, cilantro, and arugula. They grow best in the cool weather of March, April, and May. Planting small rows every two weeks provides a continual supply of fresh and nutritious greens into early June. Broccoli, cauliflower, and cabbage also prefer cool weather. These crops are best planted in the garden as transplants rather than seeds.

For more information on types of edible gardens, appropriate crops for each growing season, and fertilization check out our corresponding handouts on our website- [plantkingdom.net](http://plantkingdom.net)